The purpose:
To allow you to tell about yourself in a creative manner. The project will consist of images, reflections, and memorabilia to be saved for a future date. All items will be placed in a personalized envelope and securely stored until the year you graduate.

The Time Capsule should consist of any combination of 10 of the choices.

Have fun putting your Time Capsule together, and you are guaranteed to have fun opening it at the end of your senior year!

Celebrity
Write one paragraph that describes the celebrity with who you identify with the most strongly.

Future
Predict the future. Write one paragraph that describes the state of the world or the United States in the year you graduate.

Concert
In one paragraph describe the ideal concert.
Who? When? With whom? Which songs?
If you can, make a recording of the highlights.

A Change
Finish this thought: “If I could change one thing about myself…”
Tell what it is, why you would change it, and how your life might be different if that...

You Were There
Pick a recent event that you think will be important in history. Write down your impressions of it. How do you think it might shape the future? What will you say to your children if they ever ask about it?

Schedule
Make a schedule that shows your activities for an average week. Schedule should include a description of the activities you attend.

You Should Have at Least Five Categories with at Least Five Items in Each Category.

Make lists of your favorites: songs, music groups, movies, actors, actresses, cologne/perfume, flowers, ice cream, etc. You should have at least five categories with at least five items in each category.

#1 College
In one paragraph describe the college you hope to attend and explain why you’d like to go there.
# Words

**#6 Words**
List fifteen words that describe you as you are now.

**#22 Couples**
Name all of the couples in your freshmen class. First and last names are required.

**#10 Magazine**
Select a magazine (news, sports, fashion, etc.) to include in your Time Capsule. In one paragraph, explain why you chose to include it.

**#11 Letter to Myself**
Write a letter to your future self. Give yourself advice. Write those things you do not want to forget when you become a senior in high school, a college student, or a parent. Letter should be one page and should be written in business letter format.

**A “Thing”**
You probably have heard your parents and others say, “If only I had kept that old ____! Today it would be worth something.” Look around and find something that you think might be more valuable by the time you open the Time Capsule. In one paragraph describe the object and explain why you think it will be more valuable. If you can, include the object or a picture of the object.

**#13 Profession**
What is your chosen profession? How do you intend to reach your professional goal? Explain in one paragraph.

**# Troublemaker**
“T’ll never forget the time I got in trouble for…” Complete this prompt in one paragraph. Explain the event, your response to it, and the outcome or possible lesson learned. Use discretion in selecting an event that is classroom appropriate.

**Sporting**
“The greatest game I ever saw was…” In one paragraph, write a detailed account of the game so that you will remember it in four years.

**Drama**
In one paragraph describe the most pressing problem facing you right now.
**Current Events**

**#21**
Print a current newspaper article which is of interest to you and explain, in one paragraph, why you chose to include it in the Time Capsule.

**Funny Sayings**

Make a list of at least 10 of your parents’ and/or teachers’ favorite sayings. Include the saying, who says it, and explain the circumstances in which it might be said.

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<table>
<thead>
<tr>
<th>BFFs</th>
<th>#17</th>
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<tbody>
<tr>
<td>List two or three of your best friends (first and last names) and describe each in one paragraph (three paragraphs total).</td>
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**#20 Clothes & Style**

Write one paragraph about clothes and clothing stores that are popular. What would you buy if money were no object, or what do you like to buy at each store? What do you like about the stores?

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**#27 Collector’s Cards**

Enclose a package of baseball, football, basketball, or Pokémon cards not to be opened for four years. Write one paragraph about what you’d like to find inside when you open them.

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**#25**

E! Entertainment Network has approached you about producing a segment of “True Blue Valley Story”

By

Write a short description of what the segment would look like.

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**#24**

Name ten people in your freshmen class and describe a funny memory about each.

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**#22**

List the first and last names and nicknames of 20 freshmen.
Do the lyrics of a certain song hold special meaning for you? Copy the lyrics and write a paragraph explaining your feelings about the lyrics and how they relate to you.